

Statistically effective protection against APT attacks

- Study on effectiveness of popular defense measures



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Why This Research Was Made?

- Applying hardening in corporate environment is expensive
- Thus I wanted to give decision making support tools for corporate security
- In this research we evaluated popular hardening approaches against a set of exploits
- Attacks and defenses evolve constantly so we focused more on different styles of approach rather than exact settings or tools
- For tests we obviously used publicly available tools

Exploits Used In Tests

- The used exploit set consisted of ~930 confirmed exploit document samples
- Samples in the wild 2010-2013
- CVE identification was done by scan results
- Most exploits have short lifespans in active use
- APT nature verified by context identification
 - Press events, conference proceedings
 - Diplomatic/political reports, analysis
 - Human rights/activism reports, articles
 - Military reports, events, analysis
 - Business related mail



Analysis Method

- We tested samples with Windows XP SP3
 - Adobe Acrobat 8.0.0
 - Adobe Flashplayer 6.0
 - Office 2003
- We intentionally used obsolete software versions to enable as many exploits as possible
- We used automatic forensics to check for exploit success indicators
 - Network communication
 - Process creation
 - File creation
- Each exploit was verified to work consistently in base system

Protection Methods

- Application memory handling mitigations
- Application Sandboxing
- Hardening application settings
- Hardening operating system

Application Sandboxing

- Chrome, Acrobat, etc popular apps have built in sandboxing
- The problem with them is that attacker has to circumvent them in order to exploit
- Thus we wanted to test exploits against unexpected sandboxing
- We used Sandboxie 3.76 Pro with custom configuration
 - Own sandbox for each document type
 - File execution denied for any files created by sandboxed application
 - No file access outside the sandbox for Acrobat
 - Access to %documents% %recent% and network drives for Office applications

Hardened Security Settings For Client Apps

- Advisories often have mitigation instructions what to do before patch is available
- We wanted to find out how effective those measures are in general
- Who on earth needs a flash content in PDF file in the first place?

Changes to Office

- Installed Office file validation
- Installed MOICE isolation
- Set Macro security level to high
- Disabled trust on add-ons and templates

Changes to Acrobat

- Disabled opening non-PDF attachments
- Disabled trust in multimedia components
- Disabled multimedia player
- Disabled Javascript

After VB paper submission NSA came out with their Acrobat guidelines 😊

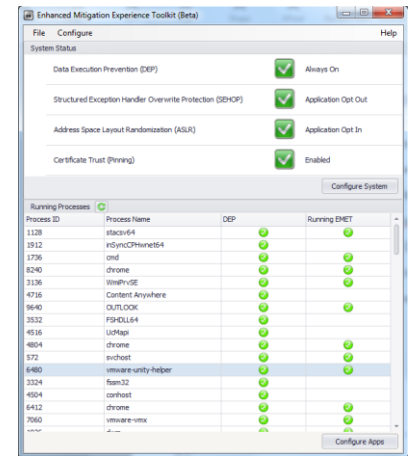
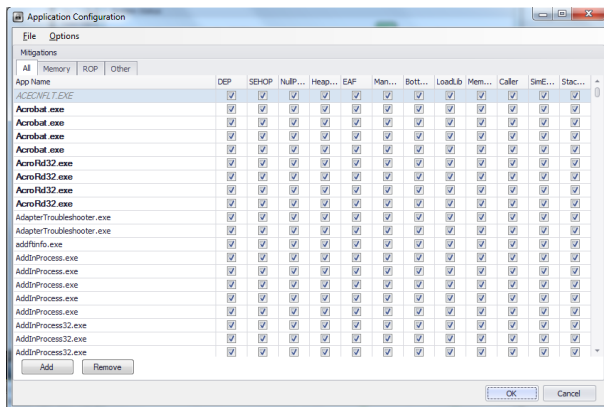
http://www.nsa.gov/ia/files/app/Recommendations_for_Configuring_Adobe_Acrobat_Reader_XI_in_a_Windows_Environment.pdf

Hardened System Access Policies

- In T2 2011 we announced research pointing to that hardening breaks malware
- However APTs are quite a different beast compared to plain old malware
- We tested the samples against following hardened system settings
- Blocked file writing to roots of
 - C:\, D:\, etc, %localsettings%, %appdata%
- Blocked file writing recursively to
 - C:\windows, %program files%
- Prevented file execution from
 - C:\,%documents%, c:\RECYCLER,%temp%,%APPDATA%,%localsettings%

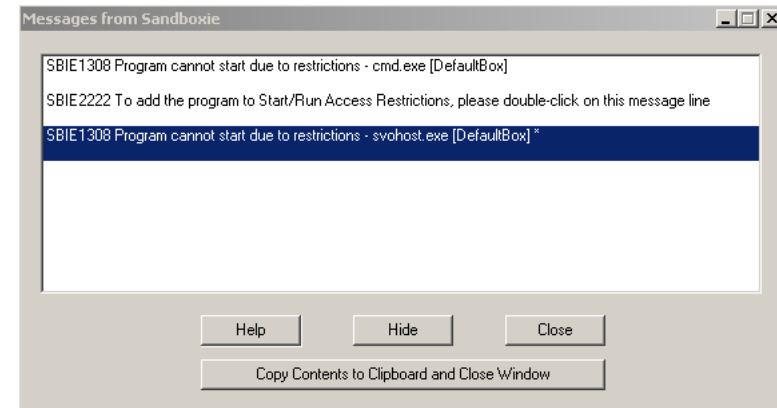
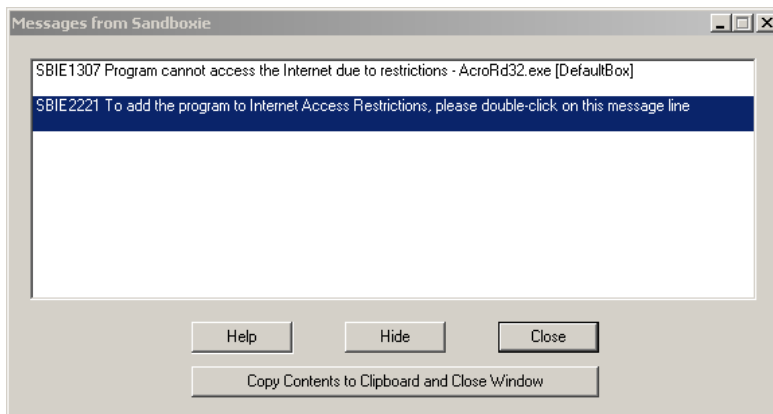
Application Memory Handling Mitigations

- Memory handling mitigations prevent types of memory operations needed by exploits
- Thus normal apps are mostly unhindered while exploits fail to work
- Currently only tool providing such capabilities is Microsoft EMET
 - Allocation mitigations (SEHOP, Heapspray, ASLR, Null page)
 - Code execution or loading mitigations (DEP, ROP, Bottom up rnd, EAF)
 - Hooking preventions (Deep hooks, Anti detours, Banned functions)
- For this research we used Emet 4.0b which was the latest available



Application Sandboxing Results

- Unfortunately Sandboxie interfered with our automatic forensics
- We were able to get results for 452 samples with 100% protection
- Of the remaining samples we tested 60 random samples which had 100% protection
- So we cant say with full certainty, but third party sandboxing seems to be effective
- Built in payloads were dropped but not executed
- Samples which tried to download were blocked



Hardened System Access Policies results

- Hardened system access policies gave very small total protection of ~10%
- ~7% were partially mitigated
 - Network was blocked in 40 samples
 - Process creation blocked in 28 samples
- So in total system hardening is ineffective

CVE	Failed: network event	Failed: file event	Failed: process event	Success
CVE-2004-0210		1		
CVE-2006-2492			1	
CVE-2006-3590		3		
CVE-2007-5659	20		1	
CVE-2008-4841		1		
CVE-2009-0927	1			
CVE-2009-3129		159	52	8
CVE-2009-4324	3	2		4
CVE-2010-0188	294	2		
CVE-2010-0806	7	1		
CVE-2010-1297		5		
CVE-2010-2572		2	8	7
CVE-2010-2883	3	27	2	50
CVE-2010-3333	1	82	14	1
CVE-2010-3654		11	12	6
CVE-2011-0097			1	
CVE-2011-0101		4	51	13
CVE-2011-0611		19	2	
CVE-2011-1269		1		
CVE-2012-0158	15	21	7	
CVE-2012-0779	2			
Grand Total	346	341	151	89

Memory Handling Mitigations Results

- EMET was able to stop every single exploit!
- However 4.0b is newer than samples, so results can be skewed
- There are claims that EMET can be circumvented
- But in our tests we could not find a sample that actually does so
- Memory handling mitigations are not effective against all exploit types
 - If exploit is based on other than code execution, EMET will not help
- But such exploits are very rare and we could not find in the wild sample

CVE	failed	success
cve-2004-0210	0	1
cve-2006-2492	0	1
cve-2006-3590	0	3
cve-2007-5659	0	21
cve-2008-4841	0	1
cve-2009-0927	0	1
cve-2009-3129	0	219
cve-2009-4324	0	9
cve-2010-0188	0	296
cve-2010-0806	0	8
cve-2010-1297	0	5
cve-2010-2572	0	17
cve-2010-2883	0	82
cve-2010-3333	0	98
cve-2010-3654	0	29
cve-2011-0097	0	1
cve-2011-0101	0	68
cve-2011-0611	0	21
cve-2011-1269	0	1
cve-2012-0158	0	43
cve-2012-0779	0	2
Grand Total	0	927

Defence In Depth, Harden Your Network

Prevent lateral movement within your network

- Isolate everything in network, no inbound to clients no outbound from server
- Block remote execution and RDP from other than admin network segment
- Allow user to login only to his workstations

Isolate email to approved business use only

- Allow email only over company mail server
- Don't allow mail sending without user authentication

Control DNS resolution, do not allow unknown domains to resolve

- Most APT C&C infra rely on being able to resolve domain names

Make data difficult to steal

Use DRM to make stolen documents worthless

- Use rights management server to provide transparent crypto for documents
- Valid users can read documents, stolen docs are worthless outside company

Watermark company browsers and check watermark in server

- Have own browser that can access only intra. Check against that in the server
- Water mark can be faked, but hard to get 100% right on the first go -> alarm

Use token based email certificates and crypto for all internal mail

- Direct stealing of mail files becomes useless
- Attacker needs to decrypt messages before stealing, which slows down attack and gives you time to react

Conclusions

- With the exception of OS hardening all other methods were very effective
 - Very few attackers aim at anything but default configuration
- Which methods to use depends on what your corporate IT finds easiest to deploy
- As rule of thumb all applications that deal with external data should be hardened
- Personally I would recommend a combination of hardened application settings and EMET
- Sandboxing is also very effective but can require effort to make it transparent to users
- Most important thing to do is not to rely on a single security layer
- Our corporate security product is very good at catching exploits but no single layer is going to be enough